



GET TO KNOW YOUR GO-KIT

FIRST AID

HYGIENE

EMERGENCY TOOLS

DOCUMENTS & MONEY

ESCAPE TOOLS

FOOD & WATER

- Adhesive Strips
- Hypoallergenic Tape
- Conforming Bandage
- Triangular Bandage
- Wound Dressing
- Antiseptic Swabs
- Tweezers
- Scissors
- Safety Pins
- Resealable Plastic Bags
- Disposable Gloves
- Personal Medication
 - Antidiarrheal
 - Antibiotics
 - Pain relievers
 - Prescriptions

- Antibacterial Hand Soap
- Toothbrush
- Toothpaste
- Comb
- Sanitary Napkins
- Isopropyl Alcohol
- Antibacterial Wipes
- Shampoo
- Body Soap
- Cotton Swabs
- Baby/Toddler Needs
 - Diapers
 - Rash Cream
 - Child Safe Meds
 - Child Soap

- Portable AM/FM Radio
- Flashlights
- Whistle
- Glowsticks
- Flasher
- Survival Knife
- Multipurpose Rope
- Waterproof Matches
- Thermal Blanket
- Extra Batteries
- Portable Chargers
- Car Repair/Tool Kit

- Disaster Preparedness Brochure
- Emergency Numbers
- Personal Belongings
 - Extra Money
 - Valid IDs
 - Passport
- USB Drive with scanned documents such as:
 - Birth Certificates
 - Marriage Certificates
 - Property Titles
 - Insurance Records
 - Medical Records
 - Prescription Information

Bring the hard copies/originals with you if you can. You should put them in a waterproof container, like a resealable plastic bag.

- Window Breaking Tool
- Seatbelt Cutter
- Pry Bar
- Work Gloves
- Dust Mask
- Eye Protection

- Collapsible Water Container
- Disposable Plates
- Disposable Utensils
- Small Reusable Plastic Containers with Lids
- Non-perishable food items
 - Energy bars
 - Crackers
 - Canned Goods

PACK YOUR BAGS

An Emergency Kit container or waterproof bag are the best options to hold your items as they are made for this purpose. You can also use a backpack, suitcase, or plastic container, as long as they are accessible and easy to carry.

Prescription Name

Strength

Dosage & Instructions

